

THE SWETTENHAM ARMS

To share or not to share

Mixed Olives (kcal 112)

Hummus & Grilled Flatbread (kcal 582)

Chipolatas with Mustard Mayo (kcal 375)

Red Onion, Rock Salt and Rosemary Flatbread
(kcal 633)

Chunky Chips & Mustard Mayo (kcal 263)

Starters

Garlic Ciabatta £5.50 (kcal 150)

Garlic Ciabatta & Cheese £5.50 (kcal 307)

Chefs homemade soup of the day £5.50 (kcal 259)
served with crusty bread & butter.

Crab Crostini £7.50 (kcal 642)

White crab meat bound with cream cheese & fresh herbs. Toasted ciabatta, avocado & cucumber salsa & charred lemon.

Mains

Pan Roasted Hake (gf) £18 (kcal 842)

White crab meat, chive mash, leeks, peas & samphire.
Dill butter sauce.

Prime Beef Burger £14 (kcal 918)

Smoked bacon, onion rings, tomato, lettuce, cheddar, gherkin, mustard mayo & chunky chips.

Chicken Supreme £16 (kcal 400)

Pan roasted with garlic & thyme, served on creamed polenta with asparagus spears, wild mushrooms, tenderstem broccoli & parmesan with a red wine jus.

Beer Battered Cod £15 (kcal 650)

Robinson's ale batter, chunky chips, mushy peas & tartare sauce.

Spiced Sweet Potato, Barley & Kale Pie (vgn) £14 (kcal 881)

Seasonal vegetables and new potatoes.

Beer Battered Langoustine Scampi £14 (kcal 723)

Served with hand cut chips, tartare sauce & mushy peas.

Beetroot Risotto (v) £7.00 (kcal 690)

Goat's cheese bon bons.

Chicken Liver Parfait £7.00 (kcal 243)

Ale chutney, baby leaf salad & crusty bread.

Wild Mushroom Ravioli (v) £7.50 (kcal 281)

Fresh wild mushrooms in garlic oil and shaved grana Padano cheese.

Goat's Cheese & Beetroot Salad (v) £7 (kcal 379)

Candy and golden roasted baby beetroot, with goat's cheese, fresh red chillies and candied walnuts.

Pan Fried Salmon Fillet (gf) £18 (kcal 866)

Rosemary, pink peppercorn citrus butter, warm salad of new potatoes, crème fraiche, asparagus tops, peas & wilted chard leaves.

British Beef Steak & Unicorn Ale Pie £14.50 (kcal 937)

Yorkshire grass fed braised beef, Robinsons Unicorn ale, fresh seasonal vegetables, chunky chips & gravy.

Smoked Salmon Pappardelle £16 (kcal 760)

Fresh pasta ribbons, smoked salmon in a dill & crème fraiche cream sauce.

Spinach, Aubergine & Harissa Burger (vgn) £13 (kcal 512)

Rosti potato, cannellini beans, tenderstem broccoli & cider jus.

Cheese & Onion Pie (v) £13.50 (kcal 1001)

Lancashire cheese, caramelised onion, fresh seasonal vegetables & choice of potatoes.

Wild Mushroom Ravioli £16 (kcal 581)

Fresh wild mushrooms in garlic oil and shaved grana Padano cheese.

Roasted Red Pepper & Stilton Risotto (v) £14 (kcal 652)

Oven roasted red peppers, in a Mediterranean vegetable risotto topped with crumbled Stilton cheese.

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Large seasonal salad bowls

Chargrilled Steak (gf) £21 (kcal 874)
Stilton cheese, pecan nuts, baby pearl onions, cherry tomatoes, cucumber, red onion, seasonal baby leaves & balsamic.

Goat's Cheese & Beetroot Salad £13 (kcal 821)
Candy and golden roasted baby beetroot, with goat's cheese, fresh red chillies and candied walnuts.

Grilled Chicken Caesar Salad £13.00 (kcal 713)

Chargrilled chicken supreme, baby gem leaves, croutons, shaved Grana Padano cheese and classic Caesar dressing.

Brongain Farm Prime Welsh Beef

Angus Hereford breed, 21 days aged with full traceability from the farm to the fork.

Rump 10oz £22.00
(kcal 850)

Fillet 8oz £29.00
(kcal 673)

Sirloin 10oz £26.00
(kcal 903)

Served with chunky chips, mushrooms, and grilled tomato with tender-stem broccoli.

Add onion rings for £3.50 (kcal 166) or peppercorn sauce for £2.50 (kcal 52)

Flatbreads & Sandwiches – all served with skinny fries

Posh Fish Fingers £9 (kcal 868)
In a bun with lettuce and tartare sauce.

Goat's Cheese & Avocado Flatbread (v) £10 (kcal 1565)
Red onion, mixed leaves, cherry tomatoes and cucumber, with garlic

Roasted red pepper and hummus flat bread (v) £10 (kcal 1130)
Mixed leaves, cherry tomatoes and cucumber.

Prawn Marie Rose (GF available) £9.50 (kcal 972)
Served on malted bloomer with skinny fries & salad garnish.

Roast Beef, Red Onions & Horseradish £9.50 (kcal 874)
Served on malted bloomer with skinny fries & a salad garnish.

Sides – all £3.50

Chunky Chips (kcal 326)
Skinny Fries (kcal 427)
Breaded Onion Rings (kcal 166)
Peppercorn sauce (kcal 52)
Seasonal Veg (kcal 144)

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Children's menu

Chicken goujons £6.50 (kcal 498)

Served with chips & baked.

Linguine with a cheesy tomato sauce £5.50 (kcal 593)

served with garlic bread.

Fish Fingers £6.50 (kcal 249)

Served with chips & garden peas.

Desserts

Homemade apple crumble £7.00 (kcal 604)

served with homemade custard.

Chocolate & walnut brownie £7.00 (kcal 1001)

with hot chocolate sauce.

Lemon Cheesecake (GF) £7.00 (kcal 806)

Served with cream or vanilla ice cream

Fruity Loaded Meringue £7.50 (kcal 861)

Large meringue, topped with whipped cream, white chocolate and raspberry ice cream and forest fruits in sauce.

Ice cream (kcal 248 per scoop)

1 scoop - £2.85, 2 scoops - £3.65 or 3 scoops - £4.25

Choose from vanilla, mint choc chip, honeycomb, bubble gum, strawberry, triple chocolate, or white chocolate & raspberry.

Selection of finest cheeses (GF available) £9.00 (kcal 745)

served with homemade chutney,

homemade fruit loaf, grapes, celery, and biscuits.

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